

## Sierra Ambulatory Surgery Center Anesthesia Information Sheet

You have been scheduled for surgery at Sierra Ambulatory Surgery Center. An anesthesiologist, a physician with special training in the techniques and methods of anesthesia, will provide care for you before, during, and immediately after your surgery.

There are several types of anesthesia, one or more of which may be suitable for your surgical procedure and medical condition. Your anesthesiologist will discuss with you the various anesthetic options and risks specific to your anesthetic care and medical condition. While modern anesthesia is generally very safe, there are always risks involved with any medical or surgical procedure. Your anesthesiologist is trained to recognize potential problems and provide treatment early if the need should arise. You should be aware that complications may occur in spite of the best medical care, and, rarely, may not respond fully to treatment. With any anesthetic, the risks may range from very minor to serious bodily harm, or even death. It should be kept in mind, however, that serious complications arising from the administration of anesthesia are quite rare.

The following is a brief description of the type of anesthesia that will be utilized for your procedure. You are encouraged to ask your anesthesiologist all questions that you may have regarding anesthesia and how it may relate to your surgery or medical condition. You should feel free to also communicate to your anesthesiologist your feelings and concerns about your planned anesthetic. With all modes of anesthesia, of course, you are continuously and carefully monitored throughout your surgery.

### **MONITORED ANESTHESIA CARE (MAC) or INTRAVENOUS CONSCIOUS SEDATION:**

Pain relief for some surgeries may be accomplished using local anesthesia to anesthetize the surgery site where the surgery will be performed. Your anesthesiologist or nurse will monitor you carefully and may give intravenous medicines to relieve anxiety and produce drowsiness, if desired.

Complications with this type of anesthesia are quite rare. These can include an allergic or adverse reactions to the anesthetic or to one of the medicines utilized, seizure, or even death.