

Sierra Ambulatory Surgery Center
Important Outpatient Surgery Instructions
Ophthalmology

1. Please read the Anesthesia Risk Information Sheet. You will be asked to sign a Consent for Anesthesia and Surgery upon arrival to Sierra Ambulatory Surgery Center the day of surgery.
2. We have scheduled and expect that you will return home the same day as your surgery. However, as with any medical or surgical procedure, there are rare occasions that your doctor may decide you should be admitted to the hospital. Should this need arise, we will make the necessary arrangements for your admission to Sierra Nevada Memorial Hospital.
3. You will go over medications with the anesthesiologist, Dr. Porter, and be given instructions. You must follow these instructions closely.
4. All patients receiving anesthesia with sedation must make arrangements to be **driven home**. Because of the effects of the medications you may receive, you should not drive or make important decisions the day of your procedure. It is also suggested you have someone drive you to your post-op appointment the following day.
5. You should also arrange for a responsible **adult to stay with you** during the first 24 hours after surgery.

TWO DAYS BEFORE SURGERY

Cataract Patients: Begin using the eye drops, in surgical eye only, as instructed on the colored form entitled Eye Drop Instructions for Cataract Surgery.

ONE DAY BEFORE SURGERY

1. **Do not eat or drink anything after midnight, except for clear liquids up to 2 hours prior to your arrival time as instructed by the surgery center staff and/or Dr. Porter.**
2. Call Sierra Ambulatory Surgery Center at (530) 272-3428 if you develop a cold, sore throat, cough, fever or other illness prior to your surgery.

THE DAY OF SURGERY

1. **Cataract Patients:** Put one drop of both eye drop medications in your surgical eye the morning of surgery.
2. Take your medications as instructed by the anesthesiologist.
3. You may brush your teeth and rinse your mouth.
4. Do not wear make-up. Please **remove all jewelry** (including body piercing) and **leave all valuables at home**.
5. **Cataract Patients: Bring your preoperative prescription eye drops in the original box/packaging with you to the surgery center.**
6. Bring reading glasses and sunglasses with you to your appointment.
7. Bring hearing aides if you use them.
8. Dress comfortably with loose fitting clothes, short sleeves and low-heeled shoes.
9. We require that your ride remain at the facility until you are cleared for surgery that day.
10. We look forward to seeing you at Sierra Ambulatory Surgery Center located at 400 Sierra College Dr., Suite B.